



# MANLY FRESHWATER CATHOLIC PARISH

## Mary Immaculate and St John the Baptist Churches

14th Sunday in Ordinary Time – 5th July 2020

*Dear Friends,*

Good News!!! Our Churches are now open for Mass and private prayer without any limits on numbers. BUT, we still must observe social distancing rules with 4 square meters per person (sit on a green dot). Families and couples living together can sit together.

So *welcome back* if you think it is safe for you and your family to come back to Church.

In this Sunday's Gospel, Jesus welcomes all of us with these loving words, "Come to me, all you who labour and are overburdened and I will give you rest" *Matthew 11:25-30*.

Over these months of pandemic and social isolation, Fr Paul and I have been very aware of the burdens – physical, emotional and spiritual that most of you have experienced and laboured with. We pray that you have shared these burdens with the Lord in prayer and with family and friends in whatever way you could. Many of you have spoken to us personally, our door is always open to everyone. Others have sent letters and emails of appreciation and encouragement for our parish's reaching out to as many as possible. Thank you very much.

During this difficult time, we have celebrated a few weddings with only the bride and groom and 2 witnesses present. The wedding parties with family and friends will be celebrated later. Other weddings have been postponed.

More sadly, we have celebrated several funerals, many of them private with immediate family only. Some parishioners have died and we had not been advised of this until some weeks later. Masses have been celebrated for these parishioners. The inability of other family members and friends to attend funerals has added to their grief, sadness and disappointment.

Some of the families of those who have died hope to have Church Memorial Masses or other memorial celebrations at a later date.

And so my friends, in this Sunday's Gospel Jesus stands before each of us with open arms of welcome and compassion. With great gentleness He reminds us that disappointment that leads to hardness of heart is no substitute for the gentleness and humbleness of His heart that heals our hurts and encourages us to reach out to each other in compassion and support.

*God Bless Fr David and Fr Paul*



### **Pope Francis Prayer Intention for July – Our Families**

We pray that today's families may be accompanied with love, respect and guidance.

LIVE STREAMING OF MASS

**Facebook– manlyfreshwaterparish** Saturday 6pm Mass  
**Youtube – access through playlist** Saturday 5pm Mass

**Parish Priest:** Fr David Taylor  
**Assistant Priest:** Fr Paul Kim  
**Parish Secretaries:** Jenny Beninati & Paula Martin  
**Pastoral Coordinator:** Michelle Ellis

**Mary Immaculate Church**  
 6 Raglan St, Manly NSW 2095

**St John the Baptist Church**  
 cnr Johnson & Oliver St,  
 Freshwater NSW 2096

**Administration Office:** 9977 5822 (Parish Office)  
 manlyfreshwaterparish@bbcatholic.org.au

www.bbcatholic.org.au/manlyfreshwater

**Presbytery:** 9977 2100

**After Hours Urgent Sick Calls:** 0499 910 010

**Weekend Masses:**

**Manly:** Saturday Vigil 6:00pm

Sunday 8:30am, 10:30am, 6:00pm

**Freshwater:** Saturday Vigil 5:00pm

Sunday 9am

**Weekday Masses:**

**Manly:** Tuesday – Friday 9:15am

**Freshwater:** Tuesday – Friday 9:15am

**Baptisms:** by appointment only

Manly 4th Sunday of the month

Freshwater 2nd Sunday of month

**Reconciliation:** Manly Sat 10am – 11am

**Parish Pastoral Council:** Paul Pervan (Chair), Ian Press (Deputy Chair), Margaret Dent (Secretary), Ivica Covic; Laurie de Ambrosis; Joanne Druery; Robert Marshall; Michael McGrath

**St Mary's Primary School** 9977 2225 Principal: Paul McGuire

**St John the Baptist Primary School** 9939 6699 Principal: Judy Slattery

**St Paul's Catholic College** 9977 5111 Principal: Chris Browne

**Stella Maris College** 9977 5144 Principal: Elizabeth Carnegie



**Home Delivery** – If you know someone who would like a bulletin delivered please call the Parish Office on 9977 5822.

**PARISH SOCIAL MEDIA**

**Parish facebook:**

facebook.com/manlyfreshwaterparish

**YouTube:** Manlyfreshwaterparish

**Or** bit.ly/2EIGEu7 or frpaulkim

(one word with no space). You can view the YouTube videos thru the parish facebook, click on the link

**Parish website:**

bbcatholic.org.au/manlyfreshwater

**Visiting sick at home** - If you, or if you know of anyone who are unwell and would like a home visit please contact the parish office 9977 5822 to organise for Communion or Anointing.

**Manly Freshwater Parish promotes SAFEGUARDING** which involves the implementation of proactive, common sense and practical ideas that ensure the safety of children and vulnerable adults in our community



**St Vincent de Paul Notice during COVID-19 lockdown**

For assistance with food, clothing or other emergencies please call St Vincent de Paul Northern Beaches Regional Office 9905 0424.

If you would like to donate nonperishable food, it can be dropped off at 684 Pittwater Road, Brookvale– rear entrance (off the carpark)

If you wish to donate clothing it will be accepted at the SVDP Shop Brookvale, Rogers Street, between 9am – 3pm.



**EUCCHARISTIC ADORATION** is held at Manly Church on Wednesdays from 6pm with Divine Mercy Hour held from 7:00pm – 800pm. To assist us on Wednesdays and present before the Blessed Sacrament, a Guard of Honour Roster has been placed on the notice board. We invite you to place your name in a time slot which suits you.

**July 2020**

**Year A**

Mon 6/7 – 14th wee in Ord Time	Hosea 2:16-18,21-22; Mt 9:18-26
Tue 7/7 – 14th week in Ord Time	Hosea 8:4-7,11-13; Mt 9:32-38
Wed 8/7 – 14th week in Ord Time	Hosea 10:1-3,7-8,12; Mt 10:1-7
Thurs 9/7 – 14th week in Ord Time	Hosea 11:1-4,8-9; Mt 10:7-15
Fri 10/7 – 14th week in Ord Time	Hose 14:2-10; Mt 10:16-23
Sat 11/7 – St Benedict	Is 6:1-8; Mt 10:24-33
Sun 12/7 – 15th Sunday in Ordinary Time	Is 55:10-11; Rom 8:18-23; Mt 13:1-23

**LET US PRAY FOR**

5th July 2020

**Recently Deceased:** Carmel MacDonagh; Annika Ferry; Maureen Hotton Williams; Maurie Fowler; Noelene Smith

**Anniversary:** Leslie Le Surf

**Prayers for the sick in our parish:** Eugenia Cavazzoni, Gavin Greenwood, Zacchaeus Emmanuel Joseph Ratnam; Mark Taylor; Kay Flenady; Leon Cochrane; Robina Dwyer; Prionsias Kearney; Brian Davies; Majella McLoughlin; Debbie Vernon; Desmond Connors; Lauren Hannahan; Rosalba Galuis; Vanessa Squirrel; Judith McKenzie; Jonathan Keil; Les Reilly; Wayne Smedley; Margaret Burrige; John Beninati; Jill Carmichael; Stephen Robertson; Richard & Cynthia Connolly; Maureen Williams; Gerry Wybrandt



**Act of Spiritual Communion**

My Jesus, I believe that You are in the Blessed Sacrament. I love You above all things, and I long for You in my soul. Since I cannot now receive You sacramentally, come at least spiritually into my heart. As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.



If you are feeling unwell please do not come into the Church.



Parish Collections and Donations

**Changes from July 1<sup>st</sup>** - there is no longer a limit to how many people can gather in our Churches, but we are still required to implement the Government requirement of 4sqm social distancing and the collection of attendees information

For Sunday and vigil Masses we will be preparing an ongoing list for those who regularly attend a specific Mass. If you wish to go onto this list to attend a particular weekend Mass each week please call into the Parish Office or phone 9977 5822 or email [manlyfreshwaterparish@bbcatholic.org.au](mailto:manlyfreshwaterparish@bbcatholic.org.au).

A Welcomer at the Mass will mark off your name. If you are not on the list the Welcomer will take your name and contact details. This will continue as long as the government requires us to collect contact tracing information.

**Please observe the following Guidelines.**

If you are attending Mass at Manly or Freshwater we ask that you kindly observe the following guidelines:

PLEASE KEEP 4sqm  
APART FOR SOCIAL  
DISTANCING



PLEASE SANITISE YOUR  
HANDS ON ARRIVAL &  
DEPARTURE



PLEASE SIGN THE  
CHURCH VISITATION  
SHEET



PLEASE SIT ONLY ON THE  
**GREEN DOT**  
(FAMILIES MAY SIT  
TOGETHER)



**New time for Online Mass** – from next week Mass will continue to be streamed on **Facebook during the 8.30am Mass.**

**PRIVATE PRAYER** Churches will be open for private prayer. Parishioners and visitors are asked to 'sign in' each time they visit on the sheet provided or advise the Parish Office. Please follow social distancing rules, and use hand sanitiser on arrival and departure.

Firstly, a VERY BIG THANK YOU to all of you who have continued to support the Parish financially.

One of the health restrictions on our re-opened Churches is that we **no longer use collection plates during Mass.**

To help you to make your offering you can use one of the following options:



1. Use the **tap and go machines** at the Church entrance  
or
2. Place envelopes and cash in the **collection plates** (1st collection and 2nd collection) at the Church entrances.  
or
3. Continue to use direct debit with your **credit cards**  
or
4. Making **deposits directly into the Parish 1st and 2nd collection accounts** (details in the bulletin).

Thank you for your generous support of our Parish.

**DIRECT DEPOSIT**

**Parish Bank Account – 2nd collection** funds the running of the Parish

Acc Name: Manly Freshwater Parish

Bank Name: Commonwealth Bank

Acc# 13958001

BSB: 062 784

Please include your name as reference or envelope number

**Parish Bank Account – 1st collection** Support of our Priests

Acc Name: Manly Freshwater Parish Pastoral

Bank Name: Commonwealth Bank

Acc# 13958002

BSB: 062 784

Your regular donation will give the parish a reliable income so that we can be here to support people who are in need right now, and to be ready for you when we can worship and celebrate the Liturgy again together.



**NEW PLANNED GIVING**

**ENVELOPES** for 2020-2021 are ready for collection at both Churches.

The boxes of envelopes are in alphabetical order. If you wish to change your donation from **Envelopes to a Direct Debit** please contact the Parish Office on 9977 5822.

**CWF Tax Receipts** for the financial year are now available from the Parish Office for collection. If you are unable to collect your receipt please advise the Parish Office if you would like the receipt to be posted out or emailed to you.

Thank you to all those who contributed to this Appeal we were able to reach our quota for this year.

**THE CATHOLIC WEEKLY**

Now available to everyone online at [www.catholicweekly.com.au](http://www.catholicweekly.com.au)

**Sacramental Program for First Holy Communion** will commence with the Presentation Mass over the weekend of 25<sup>th</sup> & 26<sup>th</sup> July. Information will be forwarded to the families shortly. We hope to be holding the First Holy Communion over the weekend of 23<sup>rd</sup> /24<sup>th</sup> August.



**EUCCHARISTIC ADORATION AND DIVINE MERCY HOLY HOUR**

Is held at Manly each Wednesday at 6pm with Divine Mercy Hour from 7pm to 8pm



**Greeters at the Weekend Masses**

It is wonderful that we can come together again to celebrate Mass together. To ensure that we cover the Governments requirements regarding collection of information of those attending Mass we need a team of "Welcomers" to be rostered at each Mass to greet and mark off registered parishioners. Please contact the Parish Office on 9977 5822 for more information

**GROUPS MEETING AGAIN**

Our Meeting rooms are now able to be used again, with strict guidelines from the Government. Please contact the Parish Office if your group wishes to resume meetings.

Each person in your meeting, must sign in with name and phone number, as per Government requirements. Only 10 people are permitted to attend.



**Craft Group** meets each week on Tuesday mornings from 10am to 12noon in the Parish Center. We invite you to come along for a cuppa and a chat in a friendly relaxed environment. Bring along your knitting or other craft if you wish.



**Lectio Divina** Read his story in the Gospels. Spend time with him. Listen to what he says. Lectio Divina groups meets Tuesday 7.30pm in the Parish Room and Wednesday mornings at 10am in the Parish Centre.

**PIETY STORE MANLY**

**LIVING FAITH BOOKS NOW AVAILABLE \$6.50 each**



**Movie of the month – July Faustina – The Apostle of Divine Mercy**

This award-winning Polish movie is a beautiful representation of the mystical life of St. Maria Faustina. This is truly a Saint for "our times". Only \$10 @ the piety store or through the Parish Office.

**CD of the month – Did Jesus rise from the dead? Raymond de Souza** Many people think to believe in the resurrection is irrational. This talk proves the resurrection is built on logic and reason and not just "faith". Only \$5 @ the piety store.

If you would like to purchase any items please call into the **Parish Office** during working hours. The Piety Store has a wide range of goods including Bibles, Divine Mercy items, rosaries, CD's and much more

**Complete the Text Maze:**  
"Anyone who welcomes you, welcomes me."

START

<b>A</b>	N	J	T	W	I	L	K
Q	Y	O	R	C	Z	P	O
K	O	S	F	M	E	S	Y
E	N	D	P	O	J	Y	D
W	R	E	L	C	R	O	Q
H	O	W	X	O	Z	U	W
O	E	T	E	M	I	R	E
W	U	A	F	R	O	C	L
E	T	C	K	L	M	A	C
S	P	Z	I	R	E	S	M
Q	A	E	D	C	V	X	<b>E</b>

FINISH

**PARISH WEEKLY EVENTS**

- Craft Group: Tues 10:00am in the Parish Centre
- Divine Will Prayer Group: Mon 11:00am in the Parish Centre
- Eucharistic Adoration: Manly Adoration on Wed 6pm with Divine Mercy Hour from 7pm – 8pm
- Lectio Divina: Tues 7.30pm in the Parish Room and Wed 10am in the Parish Centre
- Parish Playgroup: Manly on Mon 9am – 10:30am returning term 3
- Piety Store: call Parish Office
- Reconciliation: Manly: Sat 10am – 11am
- RCIA: Contact the Parish Office 9977 5822

**PARISH MONTHLY EVENTS**

- Baptisms: By appointment enquires to Parish Office
- Parish Pastoral Council: contact Parish Office
- St Vincent de Paul: Manly & Freshwater Conferences 2nd Mon each month at 5:30pm

## Highlights from the June Parish Pastoral Council (PPC) Meeting held on Wednesday 24th June 2020

Members of the PPC to help with welcoming parishioners to Sunday Masses under these Covid 19 times.

Liturgy and music group looking to have choirs singing by August for Sunday morning Masses.

At St. John's in Freshwater more voices are needed to support the dwindled choristers and help get the music back up and running.

The Youth Mass on Sunday evenings has Simon Hyland and his family groups providing singing which is being very well received.

Parish finances holding up considering the lack of regular income from small numbers attending masses.

A big THANK YOU to everyone for continuing your weekly contributions and supporting the Charitable Works Fund and St. Vinnies Winter Appeal. Please keep up your direct debit contributions which are helping the parish greatly.

We are still completing renovations to the Presbytery and we have the repairs to the Manly Church roof coming up in the next few months.

We want to try and start getting parishioners back to some form of social gathering by having a cuppa after some Masses in August if possible, using social distancing. More about these plans later.

Our Primary School Principals and St Paul's College, have advised that they are back to full operating and doing well. Enrollments for 2021 now under way, so here are family's chances to get children enrolled, in our fantastic schools and colleges. Please contact the schools for more information - contact details listed in this bulletin.

Our youth (Young Adults Group) starting to meet once again. Please make contact with Ivica Covic to join and enjoy and make friends.

For our older members we are looking to hold a local weekend Retreat in September/October - more details to follow. The parish is slowly awakening after the COVID 19 hibernation.

Let's all keep up our new-found hygiene habits to help keep us all safe.  
*Paul Pervan - Chair PPC*



**The Mass is streamed live each Week** here are some suggestions on how to watch the Mass online in a spiritual and fruitful way:

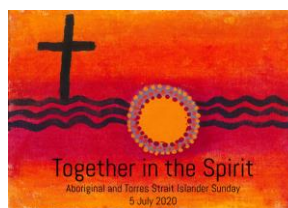
- Prepare yourself and take time out of your Saturday night or Sunday to watch the Mass.
- Create a prayer space:
  - Include symbols such as a Cross, Rosary beads, a Bible or even flowers; Light a candle;
  - Foster an atmosphere that allows for reflection, praise, thanksgiving and intercession.
- Be fully present and participate in the Mass as much as possible
  - Make the Sign of the Cross; Sit down, stand & kneel at the appropriate times;
  - Join in the responses as you would normally;
  - Read the Readings for the Mass;
  - Sing hymns and songs;
  - Recite the prayer for spiritual communion.

## MANLY ROSTER

Mass Times	Ministry	15th Sun Ordinary Time - Week 2 11th – 12th July
6pm Vigil Mass	<b>Snr Server</b>	TBC
	<b>Readers</b>	Jean Halcrow
	<b>Music</b>	CD's
	<b>AV Screens</b>	Peter Simpson
	<b>Welcomers</b>	John & Merle Zemek <b>Assistance Required</b>
	<b>Flowers</b>	Hazel Cottee Carole O'Donnell
8:30am Mass	<b>Snr Server</b>	Louise Wareham
	<b>Readers</b>	Rita Bruzzese
	<b>Music</b>	Robert & Gina Marshall Organist
	<b>AV Screens</b>	Robert Marshall
	<b>Welcomers</b>	Veronica Renaud, Clare Carmody Liz & Laurie DeAmbrosio
10:30am Mass	<b>Snr Server</b>	Ron Gravolin
	<b>Readers</b>	Jane Fonua Rita Bruzzese
	<b>Music</b>	TBC
	<b>AV Screens</b>	TBC
	<b>Welcomers</b>	Michael & Kim McGrath Paul & Nicola Pervan
6pm Mass	<b>Server</b>	Ivana Covic Kieran & Michael Wan
	<b>Readers</b>	Sandie Cornish Dean Gale
	<b>Music</b>	Josh Willard
	<b>AV Screens</b>	Bill Tango
	<b>Welcomers</b>	Marianna Gale <b>Assistance Required</b>

## FRESHWATER ROSTER

5pm Vigil	<b>Snr Server</b>	Mick O'Farrell
	<b>Readers</b>	Assistance Required
	<b>Music</b>	CD's
	<b>AV Screens</b>	TBC
	<b>Welcomers</b>	Assistance Required
9am Mass	<b>Snr Server</b>	Joanne Druery
	<b>Readers</b>	Toni Walsh Patricia Brown
	<b>Music</b>	Pat Brown
	<b>AV Screens</b>	Margie Gruca
	<b>Altar Society</b>	Lyn Hillard
	<b>Welcomers</b>	Assistance Required



## Aboriginal and Torres Strait Islander Sunday 5 July 2020

Aboriginal and Torres Strait Islander Sunday will be celebrated throughout Australia

this Sunday – despite NAIDOC week occurring later in the year. NATSICC feels it is important that we celebrate as Australians during these difficult times.

Archbishop Pat O'Regan will celebrate a nationally live streamed **Aboriginal and Torres Strait Islander Sunday Mass at 11.30am EST**. The link will be available at [www.natsicc.org.au](http://www.natsicc.org.au)

Vinnies  
changes  
lives  
everyday.

Show your support and  
give to our annual appeal

## SAINT VINCENT de PAUL SOCIETY WINTER APPEAL 2020

Dear parishioners, in launching this appeal, we are very much aware of *the financial and other effects of COVID19 on you and your families. The limiting of attendance at Mass is particularly sad.* However, our SVdP work continues regardless!

Once again, we are asking you to help us with a donation. ***If you are able.***

When the Pandemic has eased and the extra government payments have ceased, charities such as ours are expecting increased demands. In addition, we are aware of people missing out on government assistance as they fall outside the Government safety net, particularly students and casuals. The impact on those people is expected to increase demand as well. These factors, together with the "normal" winter demand on our services could be challenging! You can donate either directly to the Appeal through a bank transfer to Commonwealth Bank BSB 062-140 Account number 10800670 and enter Manly or Freshwater on the reference line.

If you are making a transfer through a ATM the same account number and BSB are to be used. When using an ATM, you will need to enter an agency number. The **Manly agency is 551** while the **Freshwater agency number 550.**

Alternatively, you can use a **donation envelope** available from your church or the parish office. These envelopes can be left at the parish office or by handing them to Fr David or Fr Paul

Finally, for those interested in a bargain or a donation of goods. The shop at 22 Roger Street Brookvale has reopened from 10am to 4pm, seven days each week. The Balgowlah and Manly shops remain closed just at present.

*Mick O'Farrell (Freshwater Conference) and Bruce Whittet JP (Manly Conference)*

### St John the Baptist School News...

It has been another busy fortnight at St John the Baptist. St John the Baptist Feast Day was celebrated on 24<sup>th</sup> June with an In-Class Whole School Liturgy. This was proudly (and virtually) led by Year Six. Children from Kindergarten to Year Six participated in their individual classes by reverently setting up class prayer spaces, singing hymns and sharing class led prayers of the faithful. Children from infants and Primary classes all participated in an St John the Baptist Colouring and Illustration Competition organised by the Creative Arts and Liturgy Team.

Each Monday morning, two of our six, Year Six Leadership Teams (Civics and Citizenship and Creative Arts and Liturgy) have been eagerly led Monday morning, Whole School Virtual Assemblies with their teachers and Mrs Slattery. As a school we join in sharing morning prayer, wishing children happy birthday, singing the nation anthem share in congratulating the recipients Principals Awards separated by class, yet as one. L-R: Stella Duff, Ollie Scheel, Jasmine Franks and Camryn Bierer



Sharna Taranto (REC)

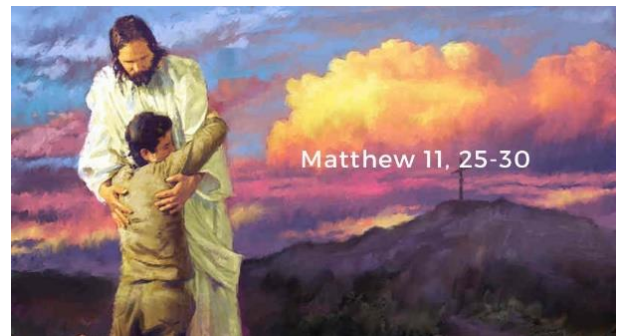
### St Mary's School News...

The children from St Mary's have been busy reflecting on Scripture this term.

Year 1 created their own Godly Play kits to retell the story of Joseph the Dreamer and Year 2 reflected on Matthew's Gospel for the Bishop's Art Prize.

We look forward to being back in the Church soon!

Alexis Conn (REC)



### REFLECTION

There is a very welcome thread of joy and encouragement woven throughout the readings for this Sunday.

The **First Reading** is a foretelling of the joyous Kingdom of God, and a prophecy of Jesus's triumphant entrance into Jerusalem before his death and resurrection. His way is a way of simplicity and humility, bringing peace to all nations.

Today's **Psalms** is at the heart of Jewish worship, and is recited three times a day. It joyfully declares that God our King rules the whole of creation with compassion and love; he is faithful and lifts up all those who are bowed down.

In Paul's letter to the Romans, we are reminded that we are not fully alive until we wake up to the reality of Christ's Spirit living within us (**Second Reading**).

It is in this same Spirit that Jesus declares in the **Gospel** – that he is one with the Father, and that all things have been entrusted to him. He invites all those who are overburdened to come to him, for his yoke is easy, his burden light.

The Spirit of Christ living within us gives us hope, that even in the midst of the trials of our times, Jesus is with us, sharing in our suffering, carrying us in ways that we may not yet even recognise. Let us pray that we, as the body of Christ in the world today, will have the courage and strength to carry compassionately all those who feel weighed down by the effects of the recent pandemic. *Pathways to God*

## 14th Sunday in Ordinary Time – 5th July 2020

### **First Reading**      *Zechariah 9:9-10 (JB)*

A reading from the prophet Zechariah  
*See how humbly your king comes to you!*

The Lord says this:

'Rejoice heart and soul, daughter of Zion!  
Shout with gladness, daughter of Jerusalem!  
See now, your king comes to you;  
he is victorious, he is triumphant,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will banish chariots from Ephraim  
and horses from Jerusalem;  
the bow of war will be banished.  
He will proclaim peace for the nations.  
His empire shall stretch from sea to sea,  
from the River to the ends of the earth.'

The word of the Lord.

**All: Thanks be to God.**

### **Responsorial Psalm** *Ps 144:1-2, 8-11, 13-14*

**R. I will praise your name for ever,  
my king and my God.**

I will give you glory, O God my King, I will  
bless your name for ever. I will bless you day  
after day and praise your name for ever. R.

The Lord is kind and full of compassion, slow  
to anger, abounding in love. How good is the  
Lord to all, compassionate to all his  
creatures. R.

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign and  
declare your might, O God. R.

The Lord is faithful in all his words and loving  
in all his deeds. The Lord supports all who fall  
and raises all who are bowed down. R.

### **Second Reading**      *Romans 8:9, 11-13 (JB)*

A reading from the letter of St Paul to the  
Romans

*If by the Spirit you put an end to the  
misdeeds of the body, you will live.*

Your interests are not in the unspiritual, but  
in the spiritual, since the Spirit of God has  
made his home in you. In fact, unless you

possessed the Spirit of Christ you would not  
belong to him, and if the Spirit of him who  
raised Jesus from the dead is living in you,  
then he who raised Jesus from the dead will  
give life to your own mortal bodies through  
his Spirit living in you.

So then, my brothers, there is no necessity  
for us to obey our unspiritual selves or to live  
unspiritual lives. If you do live in that way,  
you are doomed to die; but if by the Spirit you  
put an end to the misdeeds of the body you  
will live.

The word of the Lord.

**All: Thanks be to God.**

### **Gospel Acclamation**      *cf Matthew 11:25*

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and  
earth; you have revealed to little ones the  
mysteries of the kingdom.

Alleluia!

### **Gospel**      *Matthew 11:25-30 (JB)*

A reading from the holy Gospel according to  
Matthew

*I am gentle and humble of heart.*

Jesus exclaimed, 'I bless you, Father, Lord of  
heaven and of earth, for hiding these things  
from the learned and the clever and revealing  
them to mere children. Yes, Father, for that is  
what it pleased you to do. Everything has  
been entrusted to me by my Father; and no  
one knows the Son except the Father, just as  
no one knows the Father except the Son and  
those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are  
overburdened, and I will give you rest.  
Shoulder my yoke and learn from me, for I  
am gentle and humble in heart, and you will  
find rest for your souls. Yes, my yoke is easy  
and my burden light.'

The Gospel of the Lord.

**All: Praise to you, Lord Jesus Christ.**

**If you are feeling unwell please do not come  
into the Church.**

# Simplicity Funerals



**Jenny Smith,**  
Funeral Director

340 Sydney Rd  
Balgowlah  
9907 9765

Offering Australia's leading prepaid funeral plan.

All area

Australian owned.

[www.simplicityfunerals.com.au](http://www.simplicityfunerals.com.au)



## GREGORY & CARR

TRADITIONAL FUNERAL DIRECTORS

### Mona Vale

1741 Pittwater Rd  
9999 1522

### Brookvale

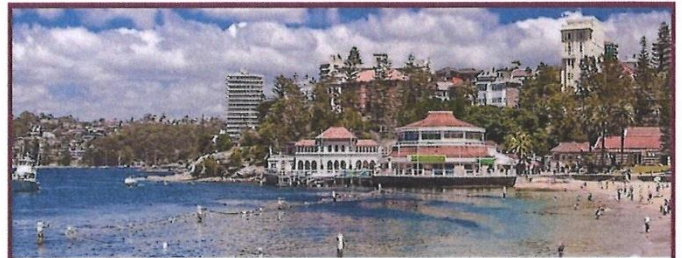
555 Pittwater Rd  
9977 8011

### Gordon

850 Pacific Hwy  
9498 4455

[www.gregoryandcarrfunerals.com.au](http://www.gregoryandcarrfunerals.com.au)

**Family Owned & Operated**



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Our team live, work and play on the Beaches.  
We understand our local community and are here for you 24/7.

## ANN WILSON FUNERALS

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844 Pittwater Road, Dee Why  
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